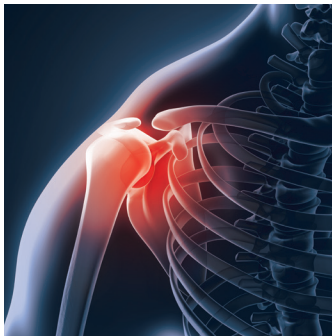




# SHOULDER AND WRIST TRAUMA COURSE



12<sup>TH</sup> & 13<sup>TH</sup> OCTOBER 2018  
MIOT INTERNATIONAL, CHENNAI

Under the  
aegis of



# AN EVENT OF MANY FIRSTS

We at IBHI cordially invite you to

**1<sup>st</sup> Tamil Nadu Complex Upper Limb Trauma Meeting,**  
that will feature **Leicester (UK) Shoulder Trauma Course**  
and **1<sup>st</sup> Chennai Wrist Course.**

Dear friends and colleagues,

Firstly, I applaud Dr. Ram Chidambaram, Course Organizer & President - Shoulder and Elbow Society of India for conceiving this highly interactive meeting / progressive workshop on 'Complex Shoulder and Wrist Trauma'. It has been designed to shed light on previously unexplained and complex injuries related to the shoulder and wrist. With an expert faculty from both India and abroad at the helm, you will get an overview on the current management of shoulder / wrist trauma and valuable insights into the newest treatment / operative techniques available. The meet is also expected to be rich with debates, lectures, video sessions, panel discussions and workshops.

But the most anticipated highlight of the event has to be the hands-on workshop on both the days. It presents a golden opportunity for participants to practice the learnings from each day under the supervision of the visiting experts.

**Schedule: 12<sup>th</sup> October 2018 (Day 1): Leicester (UK) Shoulder Trauma Course**  
**13<sup>th</sup> October 2018 (Day 2): 1<sup>st</sup> Chennai Wrist Course**

We eagerly look forward to your active participation. And I hope you will make this event a grand success.

Regards,



Dr. Prithvi Mohandas  
Founder & Secretary, IBHI



# Day 1 Schedule - Leicester (UK) Shoulder Trauma Course (12<sup>th</sup> October 2018)

## Course Convenors:

- Dr. Amit Modi, FRCS (Orth), Leicester
- Dr. Radhakant Pandey, FRCS (Orth), Leicester

## Faculty:

- Dr. Amit Modi, Leicester, UK
- Dr. Ashish Babhulkar, Pune
- Dr. Deepthi Nandan Adla, Hyderabad
- Dr. Parag K Shah, Ahmedabad
- Dr. Radhakant Pandey, Leicester, UK
- Dr. Ram Chidambaram, Chennai
- Dr. Raman Kant Aggarwal, New Delhi
- Dr. Sanjay Desai, Mumbai

Time	Title	Speaker
8.00 - 8.30 am	Registration	
8.30 - 8.50 am	Welcome & Preview	Dr. Amit Modi
	<b>Moderator: Dr. Amit Modi</b>	
8.50 - 9.10 am	Proximal Humerus Fracture Patterns	Dr. Raman Kant Aggarwal
9.10 - 9.30 am	Greater Tuberosity Fractures	Dr. Ashish Babhulkar
9.30 - 9.50 am	Nailing in Proximal Humerus Fractures	Dr. Amit Modi
9.50 - 10.10 am	Plating in Proximal Humerus Fractures	Dr. Parag K Shah
10.10 - 10.30 am	Discussion	
10.30 - 11.00 am	Felicitation	
<b>11.00 - 11.20 am</b>	<b>Tea Break</b>	
	<b>Moderator: Dr. Radhakant Pandey</b>	
11.20 - 11.40 am	Minimally Invasive Fixation - Modified Resch	Dr. Radhakant Pandey
11.40 - 12.00 pm	Hemiarthroplasty in Proximal Humerus Fractures	Dr. Amit Modi
12.00 - 12.20 pm	Reverse Arthroplasty for Fractures	Dr. Sanjay Desai
12.20 - 12.40 pm	Non Operative Treatment	Dr. Radhakant Pandey
12.40 - 1.10 pm	Discussion & Review	
<b>1.10 - 2.00 pm</b>	<b>Lunch</b>	
	<b>Moderator: Dr. Amit Modi / Dr. Radhakant Pandey</b>	
2.00 - 2.15 pm	Fractures of the Clavicle	Dr. Deepthi Nandan Adla
2.15 - 2.30 pm	Fracture of Glenoid and the Floating Shoulder	Dr. Ram Chidambaram
2.30 - 2.45 pm	Discussion	
2.45 - 3.15 pm	Case Discussions	Dr. Ram Chidambaram All Faculty
<b>3.15 - 3.30 pm</b>	<b>Tea (During Workshop)</b>	
3.30 - 5.30 pm	Bone Workshops	All Faculty
5:30 pm	Comments / Closure	Dr. Radhakant Pandey

# Day 2 Schedule - 1st Chennai Wrist Course (13<sup>th</sup> October 2018)

## Course Patron:

Dr. Prithvi Mohandas - Managing Director, MIOT International

## Course Chairman:

Dr. Ram Chidambaram - Director, MIOT Centre of Shoulder & Upper Limb Surgery

## Faculty:

- Dr. Abhijeet L Wahegaonkar, Pune
- Dr. Anirban Chatterjee, Kolkata
- Dr. Bharath K Kadadi, Bengaluru
- Dr. Binu Thomas, Vellore
- Dr. Darshan Kumar A Jain, Bengaluru
- Dr. Deepthi Nandan Adla, Hyderabad
- Dr. G Francis, Chennai
- Dr. Pankaj Ahire, Mumbai
- Dr. Parag B Lad, Mumbai
- Dr. Praveen Bhardwaj, Coimbatore
- Dr. Ram Chidambaram, Chennai
- Dr. Ram Prasad J, Chennai
- Dr. V Ramadevi, Chennai
- Dr. Ravi G Bharadwaj, Kolkata
- Dr. Rohan Habbu, Mumbai
- Dr. S Prashanth, Pune
- Dr. Senthil Kumaran, Chennai
- Dr. Sudhir Warriar, Mumbai

## Chairpersons:

- Dr. A Francis Roy, Tirunelveli
- Dr. Aravindan Selvaraj, Chennai
- Dr. George Thomas, Chennai
- Dr. K Ramesh Babu, Chennai
- Dr. M Gulam Mohideen, Thanjavur
- Dr. M Muthuvel Rajan, Madurai
- Dr. Nalli Gopinath, Chennai
- Dr. Subair Khan, Chennai
- Dr. V Singaravadivelu, Chennai

Time	Title	Speaker
7.30 - 8.00 am	Registration	
8.00 - 8.30 am	<b>Hot Debate</b> (Chairpersons: Dr. Abhijeet L Wahegaonkar, Dr. Ravi G Bharadwaj)	
8.00 - 8.10 am	B2 Fracture Scaphoid - Cast it	Dr. Deepthi Nandan Adla
8.10 - 8.20 am	B2 Fracture Scaphoid - Fix it	Dr. Ram Chidambaram
8.20 - 8.30 am	Discussion	
8.30 - 9.00 am	<b>Wrist - Basics</b> (Chairpersons: Dr. K Ramesh Babu, Dr. Senthil Kumaran, Dr. Aravindan Selvaraj)	
8.30 - 8.40 am	Clinical Examination of Wrist (Pertaining to Trauma)	Dr. Binu Thomas
8.40 - 8.50 am	X-rays - How to Scrutinise? Role of special views	Dr. Rohan Habbu
8.50 - 9.00 am	CT / MRI Scan in Wrist Injuries - How not to miss an injury	Dr. G Francis

Time	Title	Speaker
9.00 - 10.00 am	<b>Distal Radius - Acute Fracture</b> (Chairpersons: Dr. V Singaravadivelu, Dr. George Thomas, Dr. A Francis Roy)	
9.00 - 9.10 am	Distal Radius Fracture Classification - What is my rationale in choosing the treatment?	Dr. Ravi G Bharadwaj
9.10 - 9.20 am	Minimally Invasive Fixation - What is the role? What is the evidence?	Dr. Deepthi Nandan Adla
9.20 - 9.30 am	Volar Locking Plate - Tips and Techniques (video)	Dr. Pankaj Ahire
9.30 - 9.40 am	Dorsal Plating - Indications and Techniques (video)	Dr. Anirban Chatterjee
9.40 - 9.50 am	External Fixator in Distal Radius Fractures - Still has a role	Dr. Ram Prasad J
9.50 - 10.00 am	Discussion	
<b>10.00 - 10.30 am</b>	<b>Felicitatation</b>	
10.30 - 11.00 am	<b>Distal Radius - Complications</b> (Chairpersons: Dr. M Gulam Mohideen, Dr. M Muthuvel Rajan, Dr. Nalli Gopinath)	
10.30 - 10.38 am	Complications of Distal Radius Fracture Surgery - How to avoid and treat	Dr. Binu Thomas
10.38 - 10.46 am	Malunited Distal Radius Fracture - How I plan corrective surgery	Dr. Darshan Kumar A Jain
10.46 - 10.54 am	How to Avoid / Treat Post-traumatic RSD (CRPS)	Dr. Parag B Lad
10.54 - 11.00 am	Discussion	
<b>11.00 - 11.15 am</b>	<b>Tea Break</b>	
11.15 - 12.15 pm	<b>DRUJ &amp; TFCC</b> (Chairpersons: Dr. Bharath K Kadadi, Dr. Subair Khan, Dr. S Prashanth)	
11.15 - 11.25 am	Anatomy and Biomechanics of DRUJ / TFCC Demystified	Dr. Praveen Bhardwaj
11.25 - 11.35 am	Traumatic TFCC Tear - How I treat	Dr. Pankaj Ahire
11.35 - 11.45 am	Distal Ulna and Styloid Fractures- How I treat	Dr. Ram Chidambaram
11.45 - 11.55 am	Neglected DRUJ Dislocation - How to address	Dr. Abhijeet L Wahegaonkar
11.55 - 12.05 pm	Post-traumatic DRUJ Arthritis - What are my options?	Dr. Binu Thomas
12.05 - 12.15 pm	Discussion	
12.15 - 1.30 pm	<b>Scaphoid Fracture</b> (Chairpersons: Dr. Deepthi Nandan Adla, Dr. Rohan Habbu, Dr. Senthil Kumaran)	
12.15 - 12.25 pm	Blood Supply of Scaphoid and Fracture Classification	Dr. V Ramadevi
12.25 - 12.35 pm	Current Management of Scaphoid Fractures - 20 questions, answered in 2018	Dr. Sudhir Warriier
12.35 - 12.45 pm	Scaphoid - Acute Fracture Volar Approach (video)	Dr. Sudhir Warriier
12.45 - 12.55 pm	Scaphoid - Non-union Vascularised Bone Graft (video)	Dr. Bharath K Kadadi
12.55 - 1.05 pm	Scaphoid - Non-union ICBG Graft (video)	Dr. S Prashanth
1.05 - 1.15 pm	SNAC Wrist - What next?	Dr. Abhijeet L Wahegaonkar
1.15 - 1.30 pm	Discussion	
<b>1.30 - 2.00 pm</b>	<b>Lunch</b>	

Time	Title	Speaker
2.00 - 3.00 pm	<b>Wrist Instability</b> (Chairpersons: Dr. Pankaj Ahire, Dr. Parag B Lad, Dr. Ram Prasad J)	
2.00 - 2.10 pm	Acute SL Tear - How I fix	Dr. Praveen Bhardwaj
2.10 - 2.20 pm	Chronic SL Tear - How I reconstruct	Dr. Darshan Kumar A Jain
2.20 - 2.30 pm	Trans-scaphoid Perilunate Dislocation - How I manage	Dr. Anirban Chatterjee
2.30 - 2.40 pm	Bennet Fracture Dislocation - What's new?	Dr. Sudhir Warriar
2.40 - 2.50 pm	Management of Kienbocks - What is the current update?	Dr. Ravi G Bharadwaj
2.50 - 3.00 pm	Discussion	
3.00 - 3.45 pm	Clinical Cases - Panel Discussion <b>Moderator: Dr. Ram Chidambaram</b>	Panelists: Dr. Binu Thomas Dr. Sudhir Warriar Dr. Abhijeet L Wahegaonkar Dr. Ravi G Bharadwaj Dr. Pankaj Ahire Dr. Praveen Bhardwaj
<b>3.45 - 4.00 pm</b>	<b>Tea Break</b>	
4.00 - 5.30 pm	Hands-on Workshop	All Faculty
5.30 - 5.45 pm	Comments / Closure	Dr. Ram Chidambaram



**RSVP:** Ms. Lorraine Satur, +91 77080 63651

Course limited to 72 participants only.  
So, please register soon.

[secretary@ibhi.in](mailto:secretary@ibhi.in) | [www.ibhi.in/stwt](http://www.ibhi.in/stwt)

**Venue:** Retreat Auditorium,  
MIOT International, Chennai



MIOT Hospitals:

4/112, Mount Poonamallee Road,  
Manapakkam, Chennai - 600 089, India

Tel: +91 44 4200 2288

Email: [chief@miothospitals.com](mailto:chief@miothospitals.com)

[www.miotinternational.com](http://www.miotinternational.com)

# Registration Form

## Shoulder and Wrist Trauma Course 12<sup>th</sup> & 13<sup>th</sup> October 2018

Course limited to 72 participants only. So, please register soon.



☐ Participant (Participate in the round table & workshop) ☐ Observer (Will only observe the course)

Name: .....  
(PLEASE FILL IN CAPITAL LETTERS AS TO APPEAR IN THE CERTIFICATE)

Designation: ..... Date of Birth: .....

Institution: .....

Address: .....

City: ..... State: ..... Country: .....

Pin: ..... Telephone (R): ..... Mob.: .....

Email: .....

Medical Council Number: .....

### Registration Details:

**Fee - Rs. 2000/- for Participant &  
Rs. 500/- for Observer**

- ☐ Medical Practitioner
- ☐ Industry Delegate
- ☐ Post Graduate (Free as Observer)  
Registration Mandatory  
(Submission of bonafide certificate from HOD mandatory)
- ☐ IBHI Life Member (No Fee)  
(Membership Ref. No.)

### Payment Details

Cheque / DD No.: .....

Drawn on Bank: .....

Total Amount: .....

.....  
**Signature**

### Submission of registration form is mandatory for all.

Payment to be made through Cheque or DD in favour of '**Indo British Health Initiative Trust**' payable in Chennai. Acknowledgement will be sent through SMS or Email. For online registrations, please visit [www.ibhi.in/stwt](http://www.ibhi.in/stwt)

### Please send the duly filled form and payment to:

**Indo British Health Initiative Trust**, 4/112, Mount Poonamallee Road, Manapakkam, Chennai, India - 600 089.  
Ph: +91 44 4200 2288, Extn: 4128 , Mob: +91 77080 63651, Email: [secretary@ibhi.in](mailto:secretary@ibhi.in)  
Website: [www.ibhi.in](http://www.ibhi.in)

### For Office Use only

Receipt No.:

Registration No.:

Date: