



IBHI, in association with BESS and SESI, is proud to present

ELBOW CONCLAVE 2019

for the first time in India

12th & 13th March

Retreat Auditorium, MIOT International, Chennai

Under the aegis of:



Dear friend / colleague,

It is a great honour and privilege to invite you to Elbow Conclave 2019, a one-of-its-kind meet designed to help throw light on the most neglected joint in general orthopaedic practice. As a conclave of such magnitude taking place for the first time in India, it is bringing together some of the most distinguished minds from the orthopaedic fraternity in the UK and India under one roof.

They include the British Elbow and Shoulder Society (BESS) members led by its President, Mr. Peter Brownson, and our esteemed Shoulder and Elbow Society of India (SESI) members from across the country.

The agenda for this 2-day orthopaedic extravaganza includes invaluable discourses by the masters themselves, along with panel discussions, video presentations, live and re-live surgeries, a hands-on workshop and evidence based guidelines.

We sincerely hope Elbow Conclave 2019, with all its grandeur, turns out to be the most enlightening experience of your professional life.

We look forward to seeing you there.

With warm regards,



Dr. Prithvi Mohandas
Founder and Secretary - IBHI



Dr. Ram Chidambaram
Course Organizer & President - SESI

UK Faculty:

Dr. Peter Brownson, President, BESS (UK), The Royal Liverpool and Broadgreen University Hospitals NHS Trust

Dr. Cormac Kelly, Robert Jones and Agnes Hunt Orthopaedic Hospital, Oswestry

Dr. Mark Simon Falworth, Royal National Orthopaedic Hospital NHS Trust, Stanmore

Dr. Vijay Bhalaiak, Wirral University Teaching Hospital NHS Foundation Trust

Dr. Marcus Bateman, University Hospitals Derby & Burton NHS Foundation Trust

Dr. Anand Arya, King's College Hospital NHS Foundation Trust, London

Dr. Bhuvaneshwar Machani, Sandwell and West Birmingham Hospitals NHS Trust

Dr. Joideep Phadnis, Brighton and Sussex University Hospitals NHS Trust

National Faculty:

Dr. Abheek Kar, Kolkata

Dr. Abhijeet L Wahegaonkar, Pune

Dr. Anil K Bhat, Manipal

Dr. C. Vijay Bose, Chennai

Dr. Clement Joseph, Chennai

Dr. Deepak Bhatia, Mumbai

Dr. G. Francis, Chennai

Dr. Gopinathan P, Calicut

Dr. John T John, Kochi

Dr. K. N. Subramaniam, Madurai

Dr. K. R. Prathap Kumar, Kochi

Dr. Leonard Ponraj, Chennai

Dr. Mahesh Krishnan, Thrissur

Dr. Mahesh Reddy, Bengaluru

Dr. Raghuv eer Reddy, Hyderabad

Dr. Raju Eswaran, New Delhi

Dr. Ram Chidambaram, Chennai

Dr. Ram Prasad J, Chennai

Dr. S. Arumugam, Chennai

Dr. S. Chockalingam, Trichy

Dr. Shreyash Gajjar, Mumbai

Dr. Sunil Gawaskar, Chennai

Dr. Thilak Jepegnanam, Vellore

Chairpersons:

Dr. A. Francis Roy, Tirunelveli

Dr. A. Pandiaselvan, Chennai

Dr. Aravindan Selvaraj, Chennai

Dr. C. Rex, Coimbatore

Dr. C. Sugavanam, Salem

Dr. Col Trevor Nair, Chennai

Dr. George Thomas, Chennai

Dr. K. Murali, Chennai

Dr. K. Ramesh Babu, Chennai

Dr. K. Velmurugan, Chennai

Dr. M. Gulam Mohideen, Thanjavur

Dr. Nalli R Gopinath, Chennai

Dr. P. V. Jayasankar, Chennai

Dr. R. Sivakumar, Madurai

Dr. Ramakrishnan Subramani, Kollam

Dr. Ravi Subramaniam, Chennai

Dr. Ravikumar, Chennai

Dr. Sajid Hussain, Trivandrum

Dr. Sathish Devadoss, Madurai

Dr. Subair Khan, Chennai

Dr. V. Singaravelu, Chennai

DAY 1 - 12th March 2019, Tuesday

Time	Title	Speaker
07.30 - 08.00 am	Registration	
08.00 - 09.00 am	Session 1 - Elbow Basics Chairpersons: Dr. K. Ramesh Babu and Dr. V. Singaravelu	
10 min	Anatomy and Biomechanics of the Elbow	Dr. K. N. Subramaniam
20 min	How I Examine the Elbow (Live Demo)	Dr. Ram Chidambaram
10 min	How to Read MRI / CT of the Elbow	Dr. G. Francis
10 min	Surgical Approaches to the Elbow	Dr. S. Chockalingam
10 min	Discussion	

09.00 - 10.00 am		
Session 2 - Elbow Arthroscopy		
Chairpersons: Dr. Ravi Subramaniam and Dr. Subair Khan		
8 min	Elbow Arthroscopy: Set Up & Portals	Dr. S. Arumugam
8 min	Arthroscopy in Sports Injuries: Current Update	Dr. Deepak Bhatia
8 min	Arthroscopic Osteocapsular Arthroplasty	Dr. Joideep Phadnis
8 min	Arthroscopy in Post-traumatic Stiffness	Dr. Anand Arya
8 min	Arthroscopy in LB & OCD - Tips and Techniques	Dr. Abhijeet L Wahegaonkar
8 min	Elbow Arthroscopy: Avoiding the Complications	Dr. Vijay Bhalaik
12 min	Discussion	
10.00 - 10.45 am		
Inauguration		
10.45 - 11.00 am		
Tea Break		
11.00 - 12.00 pm		
Live / Re-live Surgery 1		Dr. Joideep Phadnis /
Moderators: Dr. Raju Eswaran, Dr. Leonard Ponraj		Dr. Ram Chidambaram
12.00 - 01.30 pm		
Session 3 - Trauma 1		
Chairpersons: Dr. George Thomas, Dr. A. Francis Roy and Dr. A. Pandiaselvan		
8 min	Distal Humerus Fracture Fixation - Tips and Techniques	Dr. Cormac Kelly
8 min	Coronal Shear Fracture Management	Dr. Joideep Phadnis
8 min	Radial Head Fracture Fixation: Tips and Techniques	Dr. Anand Arya
8 min	Radial Head Replacement for Fractures	Dr. John T John
8 min	How I Manage Neglected Elbow Dislocation	Dr. Anil K Bhat
8 min	Coronoid Fractures Fixation: When and How?	Dr. Ram Chidambaram
8 min	Olecranon Fracture: Tips and Tricks	Dr. Joideep Phadnis
8 min	Open Release for Post-traumatic Stiffness - Column Approach	Dr. Anil K Bhat
26 min	Discussion	
01.30 - 02.00 pm		
Lunch		
02.00 - 03.00 pm		
Live / Re-live Surgery 2		Dr. Ram Chidambaram
Moderators: Dr. S. Chockalingam, Dr. Sunil Gawaskar		
03.00 - 04.10 pm		
Session 4 - Elbow Arthroplasty		
Chairpersons: Dr. Ravikumar, Dr. R. Sivakumar and Dr. M. Gulam Mohideen		
8 min	Elbow Replacement: Evolution and Indications	Dr. K. R. Prathap Kumar
8 min	Is Interposition Arthroplasty still an Option?	Dr. Bhuvaneshwar Machani
8 min	Principles of Total Elbow Replacement	Dr. Anand Arya
8 min	Total Elbow Replacement: Tips for Success	Dr. Anand Arya
8 min	Elbow Hemiarthroplasty for Fractures: A New Tool?	Dr. Joideep Phadnis
8 min	TER for Fractures: Indications and Procedure	Dr. Ram Chidambaram
8 min	Revision TER - Plan and Strategy	Dr. Mark Simon Falworth
14 min	Discussion	
04.10 - 04.25 pm		
Tea Break		

04.25 - 06.00 pm	Session 5 - Panel Discussion (Clinical Cases) Moderator: Dr. Ram Chidambaram	
	Panelists: Dr. Mark Simon Falworth Dr. Peter Brownson Dr. Vijay Bhalaik Dr. Anil K Bhat Dr. Bhuvaneshwar Machani	
	Dr. Anand Arya Dr. Abhijeet L Wahegaonkar Dr. Joideep Phadnis Dr. G. Francis	
06.00 pm	Closure	

DAY 2 - 13th March 2019, Wednesday

Time	Title	Speaker
08.00 - 09.00 am	Session 6 - Trauma 2 Chairpersons: Dr. P. V. Jayasankar, Dr. Nalli R Gopinath and Dr. K. Velmurugan	
8 min	How to Manage Neglected Monteggia Dislocation in an Adult?	Dr. Thilak Jepegnanam
8 min	How to Not Miss PLRI	Dr. Joideep Phadnis
8 min	Distal Biceps Rupture - How I Fix	Dr. Vijay Bhalaik
8 min	Distal Biceps Rupture - How I do Endoscopic Repair	Dr. Deepak Bhatia
8 min	Rehab of Injured Elbow - How to Get the Best Outcome	Dr. Marcus Bateman
8 min	Elbow Arthrodesis - Still Has a Role	Dr. Ram Prasad J
12 min	Discussion	

09.00 - 10.00 am	Session 7 - BESS Guidelines	
10 min	Elbow Arthroplasty	Dr. Peter Brownson
10 min	Frozen Shoulder	Dr. Vijay Bhalaik
10 min	Shoulder Instability	Dr. Peter Brownson
10 min	Shoulder Arthroplasty	Dr. Cormac Kelly
10 min	Prosthetic Joint Infection	Dr. Mark Simon Falworth
10 min	Tennis Elbow - Evidence for Various Treatments	Dr. Marcus Bateman
10.00 - 10.30 am	Panel Discussion on BESS Guidelines Moderator: Dr. Ram Chidambaram	Panelists: Dr. S. Chockalingam Dr. K. N. Subramaniam Dr. Raju Eswaran Dr. K. R. Prathap Kumar Dr. Raghuvveer Reddy Dr. Deepak Bhatia Dr. Abheek Kar
10.30 - 10.45 am	Tea Break	
10.45 - 11.00 am	Oration: 'It pays to look after the joint of love.' Moderators: Dr. Col Trevor Nair and Dr. K. Murali	Dr. Anand Arya

11.00 - 12.00 pm		
Session 8 - Video Techniques 1 Chairpersons: Dr. C. Sugavanam, Dr. Aravindan Selvaraj and Dr. C. Rex		
8 min	PRP Injection for Tennis Elbow (Video)	Dr. Cormac Kelly
8 min	Arthroscopic Tennis Elbow Release (Video)	Dr. Gopinathan P
8 min	Open Tennis Elbow Release - How to Get it Right (Video)	Dr. Pankaj Ahire
8 min	Arthroscopic Release of Stiff Elbow (Video)	Dr. Raghuvveer Reddy
8 min	Open Release of Stiff Elbow by Posterior Approach (Video)	Dr. Clement Joseph
8 min	Radial Head Replacement with LCL Repair (Video)	Dr. Abheek Kar
12 min	Discussion	
12.00 - 01.30 pm		
Live / Re-live Surgery 3 Moderators: Dr. C. Vijay Bose and Dr. Mahesh Reddy		Dr. Anand Arya / Dr. Ram Chidambaram
01.30 - 02.00 pm		
Lunch		
02.00 - 02.30 pm		
Session 9 - Video Techniques 2 Chairpersons: Dr. Sajid Hussain, Dr. Ramakrishnan Subramani and Dr. Sathish Devadoss		
8 min	Arthroscopy in Instability (Video)	Dr. Joideep Phadnis
8 min	Internal Brace Repair of MCL (Video)	Dr. Shreyash Gajjar
8 min	Cubital Tunnel Syndrome - Release or Reroute?	Dr. Bhuvaneshwar Machani
6 min	Discussion	
02.30 - 03.30 pm		
Live / Re-live Surgery 4 Moderators: Dr. Bhuvaneshwar Machani and Dr. Mahesh Krishnan		Dr. Ram Chidambaram
03.30 - 03.45 pm		
Tea Break		
03.45 - 06.00 pm		
Session 10 - Hands-on Workshop (All Faculty)		
	Distal Humerus Fracture Fixation	
	Headless Screw Fixation	
	Radial Head Replacement	
	Total Elbow Replacement	
06.00 pm	Closure	

For registration and enquiry, please contact:

Ms. Lorraine Satur, IBHI Co-ordinator: +91 77080 63651

Venue: Retreat Auditorium, MIOT International,

4/112, Mount Poonamallee Road, Manapakkam, Chennai - 600 089, India.

ELBOW CONCLAVE

for the first time in India



BESS



Registration Form

12th & 13th March 2019
at MIOT International, Chennai

Name:
(PLEASE FILL IN CAPITAL LETTERS AS TO APPEAR IN THE CERTIFICATE)

Designation: Date of Birth:

Institution:

Address:

City: State: Country:

Pin: Telephone (R): Mob.:

Email:

Medical Council Number:

Registration Details: Fee - Rs. 1000/-

Medical Practitioner

Industry Delegate

Post Graduate (No Fee)
(Submission of bonafide certificate from HOD mandatory)

IBHI Life Member (No Fee)
(Membership Ref. No.)

SESI Life Member (No Fee)
(Membership Ref. No.)

Payment Details

Cheque / DD No.:

Drawn on Bank:

Total Amount:

.....
Signature

Submission of registration form is mandatory for all.

Payment to be made through Cheque or DD in favour of 'Indo British Health Initiative Trust'
payable in Chennai. Acknowledgement will be sent through SMS or Email.

For online registrations, please visit www.ibhi.in

Please send the duly filled form and payment to:

Indo British Health Initiative Trust, 4/112, Mount Poonamallee Road, Manapakkam, Chennai - 600 089, India.
Ph: +91 44 4200 2288, Extn: 4128, Mob: +91 77080 63651, Email: secretary@ibhi.in
Website: www.ibhi.in

For Office Use only

Receipt No.:

Registration No.:

Date: